



CITE MENTOR and ADVISER Formation Program

Rationale

The aim of personal formation is to facilitate the growth of the students in human and supernatural virtues, to progress in their life of piety in order to become responsible citizens and good Christians. Specifically in CITE it means that the students should have a high sense of professionalism and a deep Christian and social-oriented spirit (Profile of a CITE Graduate).

In keeping with the foundational objectives of the school, this attention and formation is personalized. The Personal Formation Mentor then is the person assigned in the school for each student so that they maybe formed as a good Christian in a personal way. For the mentor to be able to do this he needs to be formed so that he can form the students.

1. Objectives

1. To prepare the mentors to facilitate the personal formation of the mentees/students, it is essential that the mentor:

- 1.1 has a deep knowledge of the human person and his relations – God, family and Society
- 1.2 has grasped the fundamentals of moral theology which includes conscience, human freedom, theological and cardinal virtues
- 1.3 has understood the Mission of CITE
- 1.4 has training of tutorial skills and knowledge of developmental psychology
- 1.5 has knowledge of the most effective method in educating the students in human and moral virtues
- 1.6 knows the unity of knowledge and foundation of the transcendental truths; that is, he can discern the truth, what is good, and what is beautiful so that he is capable in guiding his tutees well.
- 1.7 lives well unity of life

2. Content of the Program

- 2.1 Internal Program
 - 2.1.1 Mission –Vision of CITE – Fundamentals of School Spirit
 - 2.1.2 Developmental Psychology and Tutorial Techniques
 - 2.1.3 Philosophy of Man and Related Issues to Education
 - 2.1.4 Philosophy of Man and Related Issues to Education

3. Details of the Internal Program

3.1 Mission Vision of CITE

- 3.1.1 Orientation Classes on Fundamentals of School Spirit, Talks on Personal Prelature of Opus Dei, its spirit and relation with the School
- 3.1.2 Fundamentals of School Spirit- Opus Dei and the Church- 6 Classes

- 3.1.3 Education in Virtues
- 3.1.4 Current Issues
- 3.1.5 Talks on Professional Issues
- 3.1.6 Talks on CITE Statement of Principles

3.2 Psychology and Mentoring Skills

- 3.2.1 Developmental Psychology – 5 to 7 classes
- 3.2.2 Counseling Techniques – 5 classes – Fundamentals of tutorial chats, topics, how to, etc.
- 3.2.3 Guidance Skills and Counseling Technique – self management, Motivation
- 3.2.4 Guidance Skills and Counseling Technique- for gifted, or students with low performance in academics
- 3.2.5 Guidance Skills and Counseling Technique- more specialized topics how to handle special or current issues, effects of tv, on line gaming on students, etc.

3.3 Catholic Doctrine (will be handled by the Chaplain)

- 3.3.1 Basic Christian Doctrine - 24 classes
- 3.3.2 Catholic Doctrine - 40 classes
- 3.3.3 Moral theology I – on conscience, law, freedom, etc. – 10 classes
- 3.3.4 Moral theology II – on 4 moral and 3 theological virtues
- 3.3.5 Faith and Culture, social doctrine

3.4 Philosophy (will be handled by the chaplain)

- 3.4.1 Philosophical Anthropology I - the human person- 10 classes. It includes philosophical anthropology, life, psyche, human body, senses and intellectual life, rationality, reason and culture, tendencies, instincts, habits, personhood, intimacy and the body, human will, ways of wanting, human freedom, levels of freedom, affectivity, temperament, character, humanization and culture, temporality, historicity and religiosity
- 3.4.2 Philosophical Anthropology II- the person family and society – 10 classes. The person and his relations, marriage, work and society
- 3.4.3 Philosophical Basis of Goodness, Truth and Beauty – 10 classes – It includes Gnoseology.
- 3.4.4 Unity of Knowledge , nature and relationship between philosophy, science and faith. This includes creation and Big Bang, evolution, scientific method – 10 classes
- 3.4.5 Philosophical Theories - theories which had great impact on education, people and society – 10 classes

4. Program Strategy/Mode of Delivery

The content of the program is given through formal classes, workshops and talks once a month aside from the Human Formation Talks that is given every week. The mentoring program works like that of the mentoring of the students. Mentoring personalizes the formation given to the mentors and advisers.

A. Program Outline for Mentoring Role Development Component

Level I First Course (First year)

1. Orientation Classes on Fundamentals of School Spirit, Talks on Personal Prelature of Opus Dei, its spirit and relation with the Schools
2. Fundamentals of School Spirit- Opus Dei and the Church- 4 Classes
3. Developmental Psychology – 5 to 7 classes
4. Basic Christian Doctrine - 24 classes
5. Philosophical Anthropology I - the human person- 10 classes. It includes philosophical anthropology, life, psyche, human body, senses and intellectual life, rationality, reason and culture, tendencies, instincts, habits, personhood, intimacy and the body, human will, ways of wanting, human freedom, levels of freedom, affectivity, temperament, character, humanization and culture, temporality, historicity and religiosity

B. Program Outline for Class Advisory Role Development Component

Class Advisers are very crucial in the school setting. As the Tutor personalizes the formation that is received by the students in the school the class adviser takes care of the collective means of formation for the students as a group. As such they deal with a lot of activities that has to do with students of their class level and with the parents.

Objectives

1. to familiarize oneself of the concrete demands of the role of the class adviser: collective personal formation of the students
2. to plan out concrete strategies how the virtues could be lived best by the respective class levels
3. to coordinate with the office of the chaplaincy for the spiritual needs of the students
4. to offer group counseling and support
5. to be aware of one's need to be formed on certain aspects of the spirit of the school
6. to be able to plan out the activities for his advisory class

I First Course (First Year) This is given together with the Mentoring Role Development

Component

1. What is a class adviser (as a person, qualities, traits, skills, knowledge, etc.)
2. The Class Advisory (Activities)
3. Virtue of the Month Program (VOM)
4. Classroom Cleanliness/Order
5. Punctuality

6. Class Discipline
7. Class Level Holy Mass Sponsorship/ Piety
8. Coordination of Confession/Spiritual Direction
9. Monthly Reflection for Students
10. Communication with Parents

Second Year Program

A. Mentoring Role Development Component

Level II Second Course (Second Year)

1. Fundamentals of School Spirit- Opus Dei and the Church- 4 Classes
2. Guidance and Mentoring Skills Based on Friendship and Confidence 5-7 classes
3. Catholic Doctrine class 40 Classes
4. Philosophical Anthropology II- the person family and society. The person and his relations, marriage, work and society – 10 classes

B. Advisory Role Development Component

Level II Second Course (Second Year)

Program Outline for Advisory Role Development is cyclical. A program review is done every year.

Third Year Program

A. Mentoring Role Development Component

Level III Third Course (Third Year onwards)

1. Education in Virtues classes
2. Guidance and Mentoring Skills Based on Friendship and Confidence classes
3. Moral Theology I -10 classes
4. Philosophical Basis of Goodness, Truth and Beauty

B. Advisory Role Development Component

Level III Third Course (Third Year onwards)

Program Outline for Advisory Role Development is cyclical. A program review is done every year.

After the Third Year

1. Current Issues
2. Guidance and Mentoring Skills Based on Friendship and Confidence classes
3. Moral Theology II- Moral and Theological virtues - classes
4. Unity of Knowledge, Limitation of the Sciences, Relation between Philosophy, Science and Faith
5. Virtues Formation Program

(Cyclical year round after the staff has Tenure)

1. Talks on Professional Issues
2. Guidance and Mentoring Skills Based on Friendship and Confidence classes
3. Faith and Culture
4. Philosophical Theories, its Impact on Education, People and Society

Advisory Role Development Component

Program Outline for Advisory Role Development is cyclical. A program review is done every year.